



January 2017

Dear Friend:

Paulette Stallone, a resident of Manalapan, NJ was a cancer patient at CentraState Medical Center. She had no risk factors. She ran marathons, ate well and never smoked. She did not have diabetes, nor did she fit the ethnic profile and no one in her family ever had colon cancer. Despite that, at age 44 she found herself facing weeks of chemotherapy, radiation therapy and surgery for a shocking diagnosis of rectal cancer. Understanding the importance of exercise for well being, she continued to run three miles a day, four days a week through chemo and radiation. After surgery, she needed to wait seven weeks to resume her running, but she did resume, continuing with more conviction than ever.

Paulette is busy organizing the 8th annual event, *Paulette's C of Blue*, which will be held on Sunday, May 8, 2017 at CentraState Medical Center. In addition to the 5K Run and 1 Mile Walk, we have added more family-friendly activities such as a Kids Fun Run and bounce house to really make it a great day for the whole family. We anticipate over 600 survivors, runners, walkers and supporters to join us in bringing awareness to Colorectal Cancer and raising funds for the programs and services offered here at CentraState.

Colorectal cancers are the third most common in both men and women, and it is estimated that there will be over 137,000 new diagnoses in the United States this year alone. With increased awareness, recommended screenings for earlier detection, and integrative therapies for patients and survivors, we can save lives right here in Monmouth and Ocean counties.

Our past and future successes could not have been possible without the support of our community and friends. Your generosity is always greatly appreciated. Paulette is dedicated to helping others beat this disease using education, early detection and a focus on wellness during and after a cancer diagnosis. Please help us reach this goal.

Visit www.centrastatefoundation.org/paulette to support the cause.

Thank you,

Paula LeBlanc
Special Event Coordinator

225 Willow Brook Rd., Suite 5 • Freehold, New Jersey 07728-8450 • (732) 294-7030

www.centrastatefoundation.org

Our Tax ID # is 22-2383065